

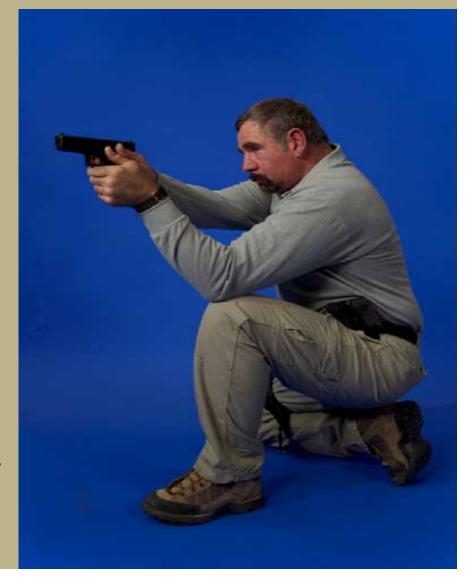
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- This presentation covers the following:
  - Kneeling Positions
  - Prone Position
  - Barricade Positions
- Remember the four firearms safety rules while practicing
  - It is recommended to first practice with dummy rounds before attempting to use live ammunition

#### Safe Handling

- Four firearms safety rules
  - 1. Treat all firearms as if they were loaded
    - Even after you have unloaded it
  - 2. Never let your muzzle cover anything you are not willing to destroy
  - 3. Keep your finger straight and off the trigger until your sights are on target
  - 4. Be sure of your target
    - What it is, what is around it, and what is behind it

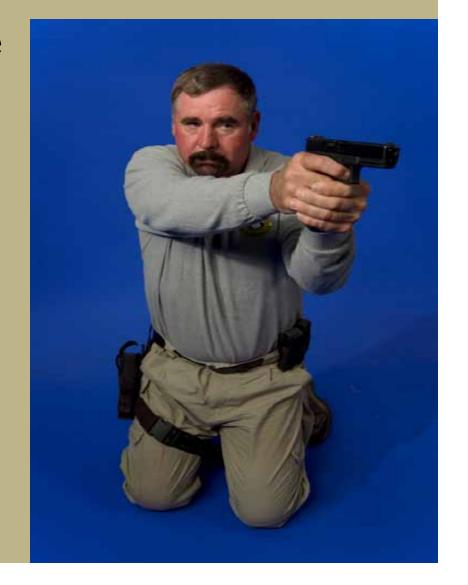
- Braced kneeling
  - May look slightly different based on individual's body
  - Put the flat side of the elbow on the knee
    - Avoid putting the elbow bone on the knee bone.
    - Bone to bone contact is less stable because your elbow will roll around



- Speed Kneeling
  - A very fast position to get into



- Fast and has the same fundamentals as the standing position
  - You can also lower your elevation by sitting back on your heels to get behind cover



- VERY stable for shooting long distances
  - Notice that the shooter's hands are on the ground, not the gun
  - Slower and harder to get into



- Keep as much of your body behind the protection of cover as possible
- Lean slightly out for your gun to clear and just enough of your head to see your sights



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